PRAYING AND

Repenting During Lent

Use this activity to reflect on your life during Lent. Rate how you treat others and yourself. Then complete the statement at the bottom of the page.

	Always	Sometimes	Never	
I tell the truth to others.				
l pray daily.				
I go to Mass every Sunday.				
I take things that are not mine.				
I insult others and hurt their feelings.				
I make sure I get what I want.				
I receive Communion when I go to Mass.				
I hold a grudge when someone upsets me.				
I tell the truth.				
I celebrate the Sacrament of Penance and Reconciliation at least once a year.				
I laugh when I hurt someone else's feelings.				
I gossip.				
I destroy other people's property.				
I do my chores.				
I fight with others.				
I am polite to everyone.				
I am polite to people I want to impress.				
I try to make the world a better place.				
I do my best.				
I forgive others when they hurt me.				
This Lent I would like to 1 2			4	

